

足 寄 町
TOWN OF
ASHORO
OFFICIAL GUIDE BOOK

北海道足寄町観光ガイドブック

HOKKAIDO
ASHORO
TOWN
北海道 足寄町



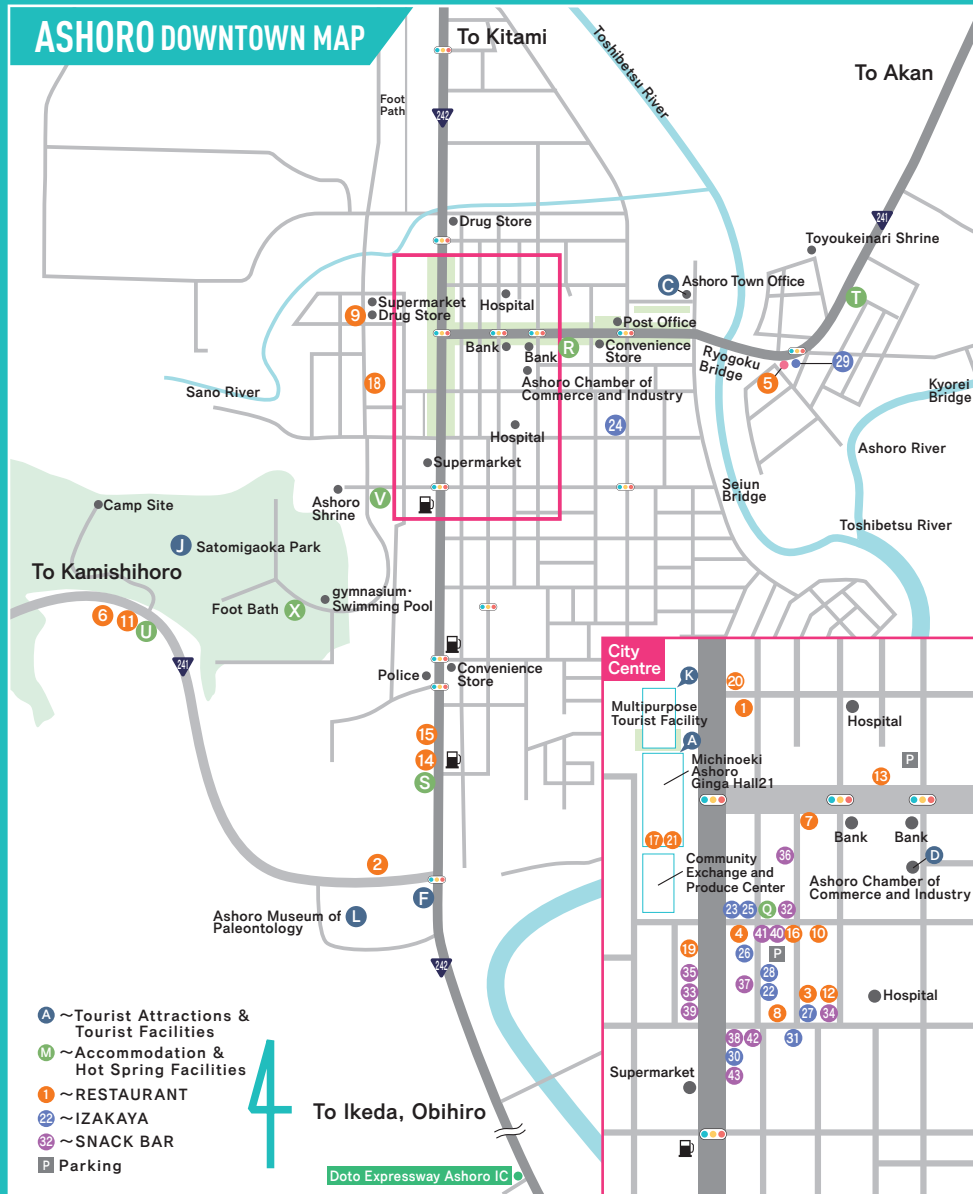
English

ガイドマップ

GUIDE MAP

The town of Ashoro located in the northeastern part of Tokachi, Hokkaido, is known for its rich nature and high quality agricultural products. This map introduces some of the most attractive spots located within the town. Each numbered icon indicates the page on which each area is introduced in detail.

ASHORO DOWNTOWN MAP



Let's use Michinoeki (roadside station) and free Wi-Fi spots!

<About Michinoeki>

Roadside stations are the government-designated rest stops found along roads and highways. There is free parking and toilets available 24 hours a day. You can get information about roads and tourism in various ways. You can also enjoy specialties in the dining area.

Tourist information center corresponding to foreign language

1) The Ashoro Tourist Association (Michinoeki Ashoro Ginga Hall 21) provides guidance with the use of a tablet device.



FREE Wi-Fi SPOTS

Requires Registration Time limit applies

- | | | |
|--|---|--|
| <p>A Michinoeki Ashoro Ginga Hall21
Kita 1 Jo 1-chome, Ashoro-cho</p> | <p>C Ashoro Town Office
Kita 1 Jo 4-chome, Ashoro-cho</p> | <p>E Seven Eleven Ashoro Shimoaikappu Branch
Shimoaikappu 1-chome, Ashoro-cho</p> |
| <p>B Michinoeki Lake Ashoro
Nakaya, Ashoro-cho</p> | <p>D Ashoro Chamber of Commerce and Industry
Minami 1 Jo 3-chome, Ashoro-cho</p> | <p>F LAWSON Ashoro-cho Branch
Konan 1-chome, Ashoro-cho</p> |



G Sightseeing spot

Lake Onneto

オンネトー

One of the three most secret lakes of Hokkaido, Onneto is also known as the "lake of five colors." The lake changes into various colors, depending on the season, weather, time of day and angle from which it is viewed. The Onneto National Campground is situated on the lakeside.

Moashoro, Ashoro-cho
 OPEN Early April - early December
 ¥ Camping Fee. (one night) adult ¥350 child ¥200
 P 50



OPEN Open season / Hours ¥ Price P Parking



H Sightseeing spot

Rawanbuki Field

ラワンブキ圃場



Large colonies of Gigantic Japanese Butterbur, found only here in Ashoro, Hokkaido, are a registered Hokkaido Heritage. Rawanbuki, grow to be as tall as 3 meters; you can stand under the plant and pretend you are a legendary Ainu *corpokkur* (man under the butterbur).

Rawan Honcho, Ashoro-cho
 OPEN Best between mid June and July
 ¥ Free
 P 10



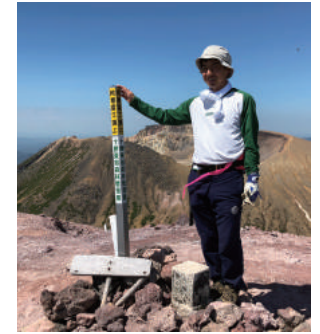
I Trekking

Onneto Trail

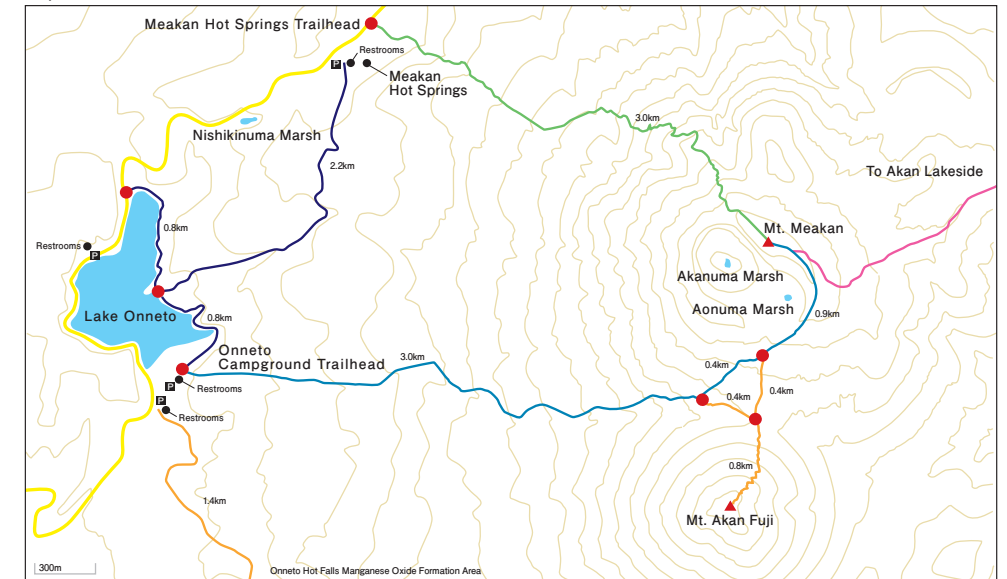
オンネトー周辺トレッキング

There are several trails that begin at Lake Onneto, including trails that lead to Mt. Meakan and Akan Fuji.

Moashoro, Ashoro-cho
 ¥ Free
 P There is a locally run parking lot for 30 vehicles, near the Meakan Hot Springs trailhead, and parking for 80 vehicles at the Onneto trailhead.



Map of Lake Onneto and Mt. Meakan



飲食店とパン・ケーキ店

RESTAURANTS & BREAD・CAKE SHOP

There are numerous eateries throughout Ashoro which include standard Japanese restaurants, to Western restaurants, ramen shops, sushi and yakiniku shops. There are also bakeries, and cake shops selling delicious sweets.

1 Ramen and Other

Asano Diner

Recommendation

Shoyu Ramen

¥600 (tax included)

Unchanging nostalgic taste since 1960



Kita 1-jo 1-chome,
Ashoro-cho
0156-25-2418
11:00~19:30
Closed Wednesdays



3 Miso Offal and Other

Ihokan

Recommendation

Special Miso Offal

¥550 (tax included)

Made with fresh Hokkaido pork offal, and served with our special miso sauce.



Minami 2-jo 2-chome,
Ashoro-cho
0156-25-5745
11:00~14:00
18:00~24:00
Closed Sundays



5 Yakiniku (BBQ) and Other

Yakiniku Nanda-tei

Recommendation

Deluxe Beef Hanging Tender Don

¥980 (tax included)

Enjoy the juicy and delicious taste of thick-sliced, tender beef hanging tender.



Asahimachi 2-chome,
Ashoro-cho
0156-25-5439
11:30~13:30
17:30~21:00
Irregular days off



2 Dining & Souvenirs

Ashoroan

Recommendation

Tokachi Famous Deluxe Butadon

¥1,290 (tax included)

A perfect marriage of choice Hokkaido pork loin and secret traditional sauce!



Nishimachi 1-chome 1,
Ashoro-cho
0156-25-2003
11:00~15:00
(14:30 L.O.)
Open all year



4 Hamburgers & Naples Pizza

Woody Bell

Recommendation

Happiness Raclette Cheese Bacon and Egg Burger American Size

¥1,820 (tax included)

Made with Ashoro Arigato Farm raclette cheese.



Minami 2-jo 1-chome,
Ashoro-cho
0156-25-6101
11:00~19:00
Open until 17:00 on Sundays
Closed Mondays



6 Mountain Vegetable Ramen and Other

Orange Diner

Recommendation

Pork Cutlet Set

¥1,150 (tax included)

Vegetables served with the cutlet are homegrown organic vegetables.



Satomigaoka,
Ashoro-cho
0156-25-4814
10:00~17:00
Irregular days off



7 Tempura and Other

Kappo (Japanese cuisine) Kumanoko

Recommendation

Kumanoko Set

¥1,400 (tax included)

Our signature dish has been the favorite of locals since we first opened our doors.



Minami 1-jo 2-chome,
Ashoro-cho
0156-25-2625
11:00~20:00
Irregular days off



9 Chop-suey and Other

Pekinro

Recommendation

Gomoku Ramen

¥600 (tax included)

We are famous for our rich savory taste. Our spring rolls are especially exquisite!



Nishimachi 5-chome 2,
Ashoro-cho
0156-25-3053
11:00-14:00
Irregular days off



11 Ramen and Other

Meigetsu

Recommendation

Chinese Chirashi

¥700 (tax included)

Enjoy our unchanging, authentic taste of Chinese Chirashi.



Satomigaoka,
Ashoro-cho
0156-25-5361
10:30~20:00
Irregular days off



13 Handmade Soba and Other

Ryogoku Diner

Recommendation

Tenzaru Soba

¥1,400 (tax included)

Our prided soba is a slightly fat and chewy type of country soba.



Kita 1-jo 3-chome,
Ashoro-cho
0156-25-3755
10:30~19:00
Closed after 14:00 on Mondays



8 Set Meals and Other

Izakaya (Japanese style pub) Kaihei

Recommendation

Shrimp and Filet Cutlet Set

¥900 (tax included)

Voluminous set comes with shrimp fries and juicy pork cutlet.



Minami 2-jo 2-chome,
Ashoro-cho
0156-25-6075
11:00~14:00
17:00~23:00
Closed Sundays



10 Handmade Soba and Other

Marusan Manabe

Recommendation

Matsu Set

¥1,050 (tax included)

Voluminous set includes [Mikasa Soba] and Tempura Don.



Minami 2-jo 2-chome,
Ashoro-cho
0156-25-2644
11:00~20:30
Open until 20:00 on Sundays
Closed Mondays (Closed Tuesdays if Monday falls on a holiday)



12 Yakiniku and Other

House Yakiniku-tei

Recommendation

Ashoro Beef Sirloin

¥702 (tax included)

We use Ashoro beef sirloin from Ashoro Hidamari Farms.



Minami 2-jo 2-chome 4,
Ashoro-cho
0156-25-2989
11:00~21:00
Closed Mondays
(Closed Tuesdays if Monday falls on a holiday)



14 Coffee Shops & Pasta

Pasta DE Pasta Kakurenbo

Recommendation

Idol

¥1,080 (tax included)

Large-cut veggies and bacon add impact to this pasta dish.



Minami 7-jo 1-chome,
Ashoro-cho
0156-25-2837
11:30~21:30
Closed Mondays



15 Ramen and Other

Horyu Ashoro Branch

Recommendation
Negi Ramen(leeks)
 ¥980 (tax included)

Fresh aroma and texture of leeks in this ramen is addictive.

Minami 7-jo 1-chome,
 Ashoro-cho
 0156-25-2736
 10:30~20:00
 Closed Mondays



17 Japanese & Western Dining

Restaurant Ashoro

Recommendation
Ashoro Bento
 ¥950 (tax included)

It is a boxed lunch with plenty of Ashoro ingredients.

Kita 1-jo 1-chome 3,
 Ashoro-cho
 0156-25-6131
 11:00~15:00
 Closed
 New Year's Holiday



19 Sweets and Breads

Shogetsu

Recommendation
Asho-roll
 ¥850 each (tax included)

Choose from plain, chocolate or rawan buki (butterbur).

Minami 2-jo 1-chome,
 Ashoro-cho
 0156-25-2225
 Weekdays 9:00 - 18:00
 Sundays and Holidays
 9:00 - 17:00
 Closed Tuesdays



21 Sweets and Breads

Bakery Ashoro

Recommendation
Salted Bread
 ¥108 (tax included)

Made with sasashio, a perfect fusion of Ashoro kumazasa bamboo and natural salt.

Kita 1-jo 1-chome,
 Ashoro-cho
 0156-25-6131
 8:00~18:00
 (December - March open until 17:00)
 Open all year



16 Japanese Dining

Kitano Daichi Hidechan

Recommendation
Umaka Don
 ¥1,200 (tax included)

Exquisite dish made with the finest Ashoro horse meat.

Minami 2-jo 2-chome,
 Ashoro-cho
 090-7058-5637
 11:30~14:00
 17:00~23:00
 Irregular days off



18 Light Meals & Coffee Shops

T-Bird

Recommendation
Various coffees
 ¥400~500 (tax included)

Hideaway café in Ashoro, also famous for our Spaghetti Napolitan. We also serve alcoholic beverages.

Nishimachi 4-chome
 1-11, Ashoro-cho
 0156-25-3626
 12:30~21:00
 (extended hours are possible)
 Closed Sundays and
 Mondays



20 Sweets and Breads

Takahashi Kashipan ten (bakery)

Recommendation
Amanatto Loaf
 ¥750 (tax included)

Long-standing establishment of 60 years, where customers line up to buy bread. Sorry if we are sold out!

Kita 2-jo 1-chome 25,
 Ashoro-cho
 0156-25-2272
 10:30~19:00
 Closed Sundays



居酒屋

IZAKAYA

An Izakaya is like a pub or bar and grill where you can enjoy alcoholic beverages and foods, and is one of the most popular drinking places in Japan. Though similar to pubs and bars, the food menu is far more extensive. Most Izakaya serve beer, shochu and Japanese sake.



スナック

SNACK BAR

Bars or snack bars (serving alcohol) are called "snacks" in Japan. It is a bar with only a counter, and bartender or staff behind the counter to serve. There is usually alcohol and some very light meals. It is a place where customers can engage in conversation or singing with the bartender (staff) or other customers.



22 **Torisei**

Minami 2-jo 2-chome,
 Ashoro-cho
 0156-25-4306



23 **Dining Bar ROCCA**

Minami 1-jo 1-chome,
 Ashoro-cho
 0156-28-0472



24 **Sushi Taro**

Minami 2-jo 4-chome,
 Ashoro-cho
 0156-25-3190



25 **Woodstock**

Minami 1-jo 1-chome,
 Ashoro-cho
 0156-25-3900



26 **Izakaya Isaribi**

Minami 2-jo 1-chome,
 Ashoro-cho
 0156-25-4621



27 **Lullaby**

Minami 2-jo 2-chome,
 Ashoro-cho
 0156-25-5292



28 **Sumiyaki Sakaba Jinanbo**

Minami 2-jo 2-chome,
 Ashoro-cho
 0156-25-3200



29 **Osho**

Asahimachi 2-chome,
 Ashoro-cho
 0156-25-2731



30 **Chanko Dai**

Minami 3-jo 1-chome,
 Ashoro-cho
 070-3881-3955



31 **Gochiso Izakaya Sokojikara**

Minami 3-jo 2-chome,
 Ashoro-cho
 0156-25-5659



32 **Snack Tiffany**

Minami 1-jo 2-chome,
 Ashoro-cho
 0156-25-7953



33 **Rokumonsen**

Minami 2-jo 1-chome,
 Ashoro-cho
 0156-25-5875



34 **Snack Sachi**

Minami 2-jo 2-chome,
 Ashoro-cho
 0156-25-5488



35 **Snack Lolo**

Minami 2-jo 1-chome,
 Ashoro-cho
 0156-25-3783



36 **Snack Aki**

Minami 1-jo 2-chome,
 Ashoro-cho
 0156-25-5553



37 **Snack Ayumi**

Minami 2-jo 1-chome,
 Ashoro-cho
 0156-25-3447



38 **Snack Yumemirai**

Minami 3-jo 1-chome,
 Ashoro-cho
 0156-25-3815



39 **Snack Jewel**

Minami 2-jo 1-chome,
 Ashoro-cho
 0156-25-7123



40 **Snack Mariko-chan**

Minami 2-jo 2-chome,
 Ashoro-cho
 0156-25-2534



41 **Snack Haru**

Minami 2-jo 2-chome,
 Ashoro-cho
 0156-25-2740



42 **Pub 31 (Sabauchi)**

Minami 3-jo 1-chome,
 Ashoro-cho
 0156-25-2232



43 **Snack Seven**

Minami 3-jo 1-chome,
 Ashoro-cho
 0156-25-5595



宿泊施設

ACCOMMODATION

There are various types of accommodation facilities in Ashoro, some of which are equipped with public hot spring baths.

- OPEN Open season / Hours PRICE Price ONSEN Onsen JAPANESE Japanese style room WESTERN Western style room
CLOSE Closed season P Parking

M Accommodation

Metou Hot Springs Hotel

芽登温泉ホテル

Purist hot spring establishments have kept to their philosophy of using only natural spring water that is uncirculated and un-heated.

Metou 2979,
Ashoro-cho
TEL 0156-26-2119



N Accommodation

Mountain Inn Nonaka Hot Springs

山の宿 野中温泉

Located near Lake Onneto, the handmade outdoor bathtubs provide spectacular views of the stars at night.

Moashoro 159,
Ashoro-cho
TEL 0156-29-7321



Q Niitsu Inn

にいつ旅館

Minami 1 Jo 2-chome, Ashoro-cho
TEL 0156-25-2195



T Fukuiya Inn

福井屋旅館

Asahimachi 4-chome, Ashoro-cho
TEL 0156-25-2201



R Inn & Guest House Takebe

旅館・民宿たけべ

Minami 1 Jo 4-chome, Ashoro-cho
TEL 0156-25-2016



U Inn & Guest House Izugen

旅館・民宿いづげん

Satomigaoka 17, Ashoro-cho
TEL 0156-25-3187



S Business Hotel Ashorokan

ビジネスホテル足寄館

Minami 7 Jo 1-chome, Ashoro-cho
TEL 0156-25-5959



V Guest House Gimanchi

Guest House ぎまんち

Nishimachi 2-chome, Ashoro-cho
TEL 080-4504-8641



温泉情報

ONSEN (Hot Springs)

Hot springs, or "onsen," are some of the most popular tourist attractions in Japan. This is owed to the fact that bathing in hot springs is a form of leisure and recreation for Japanese.

W Onsen

Nonaka Hot Springs

野中温泉

This is a hot spring facility with a large public bathing area. Accommodations are not provided. It is near Lake Onneto.

Moashoro 159,
Ashoro-cho
TEL 0156-29-7454



X Onsen

Satomigaoka Park & Foot Bath

里見が丘公園・足湯

The foot bath is a free hot spring in which you dip only your feet. Please take this opportunity to experience the foot bath, which is part of the Japanese hot spring culture.

Satomigaoka 17,
Ashoro-cho
TEL 0156-25-3191



タウン情報

TOWN INFORMATION

One of the most attractive things about Ashoro, is the fact that you can observe beautiful scenery every season has to offer. Experience the extensive nature of Hokkaido under the vast sky and on the vast land; food grown in this wonderful environment is also very promising.

A MICHINOEKI



Michinoeki Ashoro Ginga Hall 21

道の駅あしよろ銀河ホール21

This Michinoeki is the hub for sightseeing in Ashoro. Find all of the latest information on sightseeing and where to eat right here. There are souvenir shops and restaurant on site as well.

Kita 1 Jo 1-chome, Ashoro-cho
TEL 0156-25-6131
OPEN 9:00 - 18:00(Late April - October)
9:00 - 17:00(November - Late April)
CLOSE Free
P 100
<http://www.ashoro-kanko.jp/michinoeki/>



J Park



Satomigaoka Park

里見が丘公園

An observatory where moss phlox bloom in spring, campgrounds with bungalows and barbecue pits (paid), the largest footbath in Tokachi, heated pool (paid), gymnasium (paid) are all right at your fingertips.

Satomigaoka, Ashoro-cho
TEL 0156-25-6300(campgrounds), 0156-25-3191(gym/pool)
CLOSE 1 November 1 - April 30 (campgrounds), Mondays
(gym), Tuesdays, November 1 - November 30 (pool)
P Tent sites (per one) ¥400, bungalows (campground)
¥2,100 - ¥4,100, gym ¥200, swimming pool ¥400
P 120



K Tourist Facilities



Multipurpose Tourist Facility

多目的観光施設

This building, renovated to resemble the former Ashoro Station, is a place where you can get a sense of history. The footprints you see embedded in the sidewalks can be taken and made here. The bus stop and waiting room are also located right here.

Kita 1-jo 1-chome, Ashoro-cho
TEL [Ashigata Kobo]0156-25-7233
OPEN 10:00 ~ 16:00
CLOSE Closed Mondays, New Years and during the winter
P Foot Print Price:
Residents ¥2,500 Non-residents ¥3,000



L Museum



Ashoro Museum of Paleontology

足寄動物化石博物館

The museum exhibits numerous skeletal specimens and fossils of creatures that inhabited Ashoro in ancient days. There are also displays of prehistoric cultural artifacts that were unearthed. Visitors can experience putting together replicas of fossils.

Konan 1-chome 29-25, Ashoro-cho
TEL 0156-25-9100
OPEN 9:30 ~ 16:30
CLOSE Closed Tuesdays (closed Wednesday if Tuesday falls on a holiday)
P Adults ¥400
Elementary - Highschool and seniors 65 and older ¥200 *all prices include tax.
P 50 vehicles





Finger-point conversation sheet

for foreign languages

指さし会話シート

Is Wi-Fi available?

Wi-Fiはつながりますか？

May I ask your name?

お名前を伺います。

Can you lend me ○○○?

○○○を貸してください。

It costs ○○ yen.

○○円でございます。

How long does it take to go to ○○?

○○○までどのくらいかかりますか？

Just a moment, please.

少々お待ちください。

Could you recommend a dish?

おすすめの料理はなんですか？

I lost ○○○.

○○○をなくしました。

• トイレ **Rest room**

• 入浴 **Bathing**

• 薬 **Medicine**

• 朝食 **Breakfast**

• けが **Injuries**

• 病院 **Hospital**

• 夕食 **Dinner**

• 病気 **Illness**

• スーパー **Supermarket**



はい/Yes



いいえ/No

1

2

3

4

5

6

7

8

9

0

人
Persons

階
Floor

AM

PM

~時
Hours

分
Minutes

会計
Bill

おつり
Change

円
Yen

現金
Cash

カード
Card

Distances & Times Required for Travel between Municipalities

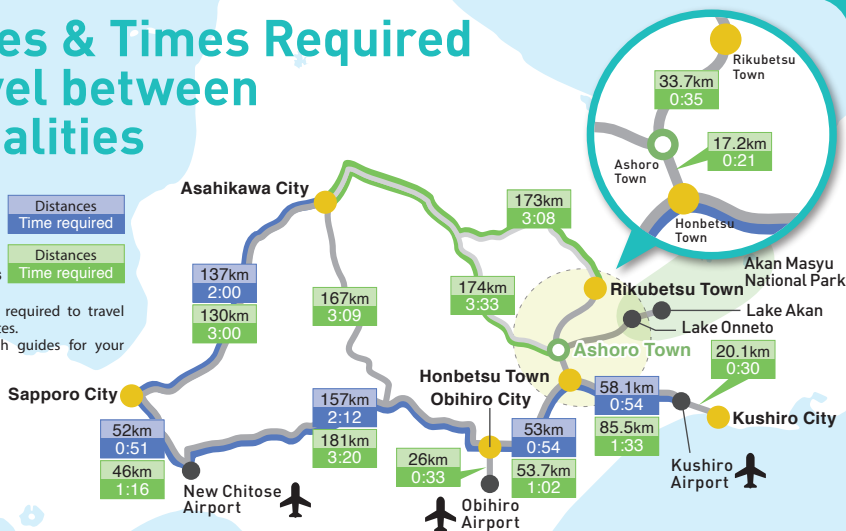
Expressways

Distances
Time required

National/ prefectural highways

Distances
Time required

*The distances and times required to travel between points are estimates. Please use them as rough guides for your travel.



Tourist
information

The Ashoro Tourist Association
TEL.0156-25-6131



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◆ Ashoro Town Office TEL.0156-25-2141
◆ Ashoro Chamber of Commerce and Industry
TEL.0156-25-2236